WILDSMITH

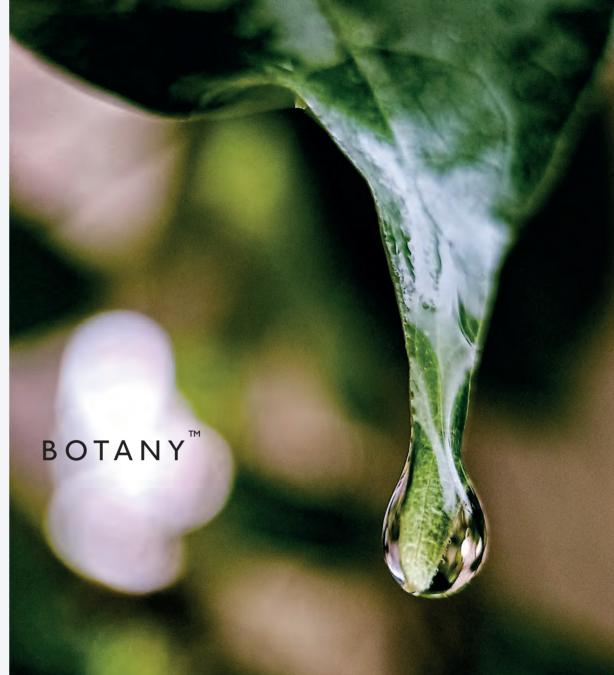
SKIN

England, MMXVIII.

RADICAL BOTANY







RADICAL BOTANY

POWERED BY PLANTS MEASURED BY SCIENCE

A blend of plant-derived and nutrient-rich botanicals, powered with the latest bioactives.

Rigorous laboratory clinical trials on both ingredients and formulations.

Formulated for people who demand natural products with evidence-based results.

Created on the Heckfield Estate, Hampshire, England, for the Bothy, our Wildsmith Spa.





THE SCIENTISTS

help us to create sustainable and innovative formulations

THE SCRUTINISTS

prove the efficacy of our products through clinical trials

THE SKIN EXPERTS

communicate that the proof is in the science

THE INNOVATORS

deliver sustainable, fully compostable packaging

THE PERFUMERS

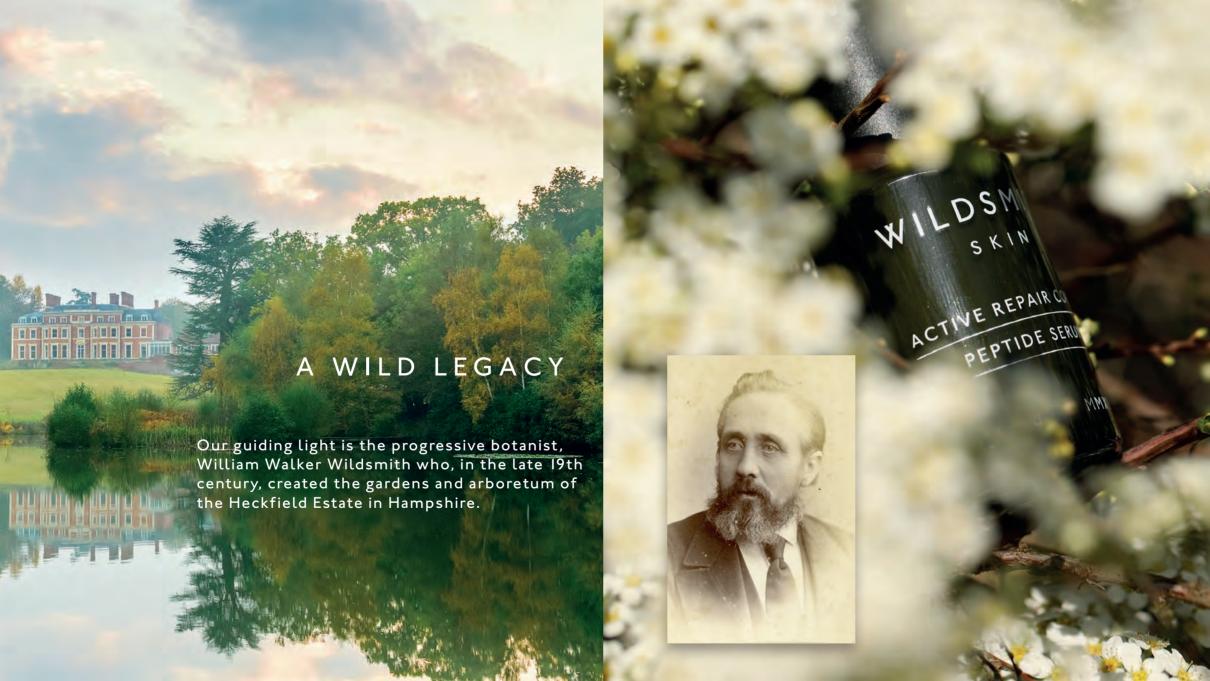
create fragrance blends that can slow time and reconnect us with nature

THE HORTICULTURALISTS

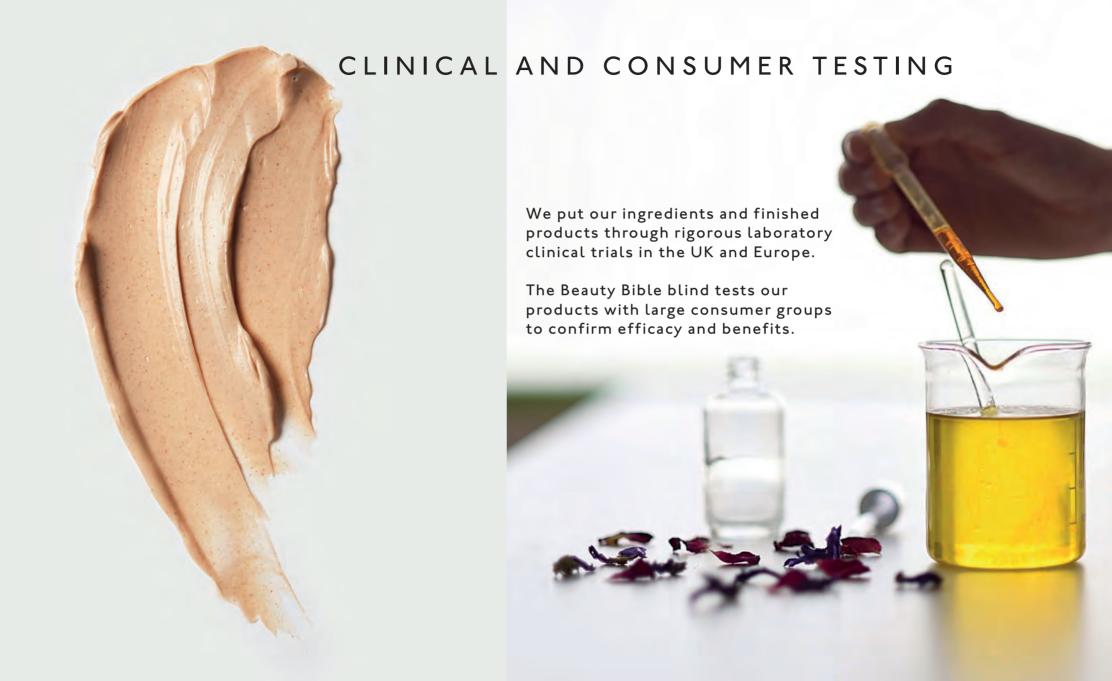
grow our ingredients using biodynamic principles

THE PRACTITIONERS

help our guests to reconnect to nature through the power of Radical Botany™ Treatments







SUSTAINABLE MATERIALS



We use glass vessels that can be endlessly and widely recycled.

Our English Stoneware is made in Stoke-on-Trent using methods unchanged since 1810.







BIODYNAMIC INGREDIENTS

We are beginning to grow ingredients for our treatments under biodynamic principles that observe the rhythms and cycles of the EARTH, SUN, MOON, STARS and PLANETS.

Detailed astronomical information tells us the optimal time for sowing, transplanting, cultivating, harvesting and using biodynamic preparations.



The growing calendar of our biodynamic market garden





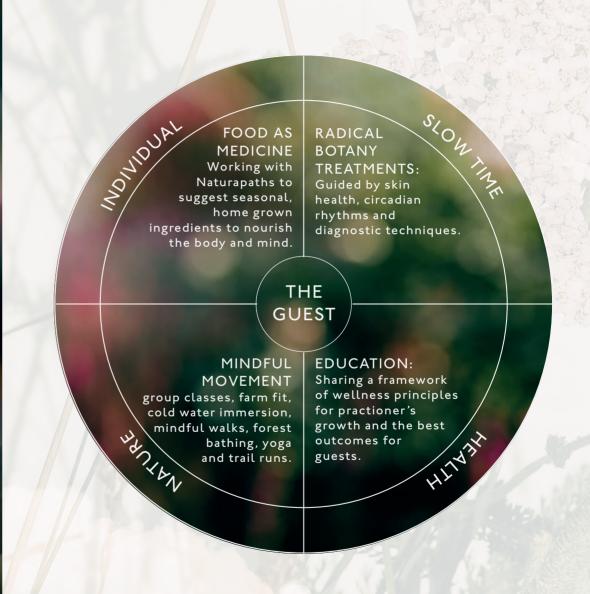
WILDSMITH WELLNESS PHILOSOPHY

Wildsmith honours, protects and celebrates life's rhythms.

We are rooted in the belief that a person's vitality and positive mental state are paramount in achieving recovery, repair and balance.

Personalised Wildsmith Radical Botany Treatments can be complemented with a wide range of expertly crafted Wildsmith Wellness practices such as cold water immersion, mindful movement, forest bathing and nurturing food.

Our role as custodians of our guest's wellbeing is to create treatments, experiences and environments that gently come together to support guests to feel their very best.





RADICAL BOTANY TREATMENTS

KNOWLEDGE

Our team of world-class practitioners have created a framework of treatment principles. We enable therapists to become aligned to their guest's wellbeing and create intuitive treatments with the best possible results.

ENERGY

We are passionate about sharing the fundamental health benefits of a healing touch and connection to expert hands, adapting treatments using initiative and skill for the best possible results.

INGREDIENTS

Biodynamic ingredients in our formulations are guided by circadian rhythms. Our skincare is clinically tested to ensure efficacy and benefits.



RADICAL BOTANY™ BODY TREATMENTS

Crafted around the body's circadian rhythms, our world-class practitioners provide a bespoke reset.

Radical Botany[™] treatments begin with a comprehensive consultation incorporating kineseology to better understand the needs of each guest.

A therapeutic massage sequence is used to apply Wildsmith essential oil blends, specifically formulated for the time of day.

For morning:

VITALITY to energise and revitalise For afternoon:

PURITY to achieve equilibrium and rebalance For evening:

STILLNESS to ground and restore







FOOD IS OUR GREATEST MEDICINE

We work with exceptional naturopaths to shape an intelligent, responsible approach to nutrition.

Just as our biodynamic farming principles work with nature's rhythm, our naturopaths are guided by the cycles of the earth, sun and moon to shape menus that work with the body's energy.

We suggest seasonal, home-grown ingredients that follow the natural harvest. The soil is our foundation for growth, feeding the body and mind with nourishing broths in Winter, and nutritious salads and fruit in Spring and Summer.



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